



KAYAK AND CANOE CENTRE

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## Scottish Highlands Lochs and Munros Expedition 1st – 8th August 2010

If you are 16 -19 years old and interested in a Scottish adventure this summer, come and join us on our Lochs and Munros Expedition.

### The Plan

We leave Shrewsbury 1<sup>st</sup> August on route for our expedition base at Corpach near Fort William, Scotland. Our base provides comfortable lodgings on the shores of Loch Linnhe, with breathtaking views of Ben Nevis. From here we will take part in a variety of outdoor activities including Sea Kayaking, Open Canoeing, Mountain Walking and possibly more.



For the expedition we will be operating in two teams; one will start from Loch Morar and paddle, walk and paddle in a north easterly direction to their finish point on Loch Quoich; the second group will do the journey in reverse to finish at Morar. The expedition is likely to last for four days and three nights so we will be wild camping and using mountain bothies for shelter. This area is renowned for its rugged beauty and remoteness.

The cost per person for this trip is £200 per person.

If you are interested in taking advantage of this opportunity please e-mail me ASAP!

[info@docanoe.com](mailto:info@docanoe.com) clearly subject your mail **Scotland 2010**

Many thanks

Jamie Drummond

*A joint project with South West Rural Youth Project, Shrewsbury Sixth Form College and Drummond Outdoor.*